

What Your Child's Doctor Might Prescribe	How Your Child Will Take the Medication
Controller Medications	
Cromolyn sodium/nedocromil sodium	By metered-dose inhaler or nebulizer.
Inhaled corticosteroid, for example, <ul style="list-style-type: none"> • Beclomethasone • Budesonide • Flunisolide • Fluticasone • Triamcinolone 	By metered-dose inhaler or dry-powder inhaler. A nebulizer is used for Pulmicort (budesonide) Respules™.
Oral corticosteroid, for example, <ul style="list-style-type: none"> • Methylprednisolone • Prednisolone • Prednisone 	By mouth as a tablet, liquid, or syrup.
Leukotriene modifier, for example, <ul style="list-style-type: none"> • Montelukast • Zafirlukast • Zileuton 	By mouth as a tablet.
Long-acting bronchodilator, for example, <ul style="list-style-type: none"> • Salmeterol • Sustained-release albuterol • Theophylline • Steroid/beta-agonist combination (for children of certain ages) 	By mouth as a tablet or capsule or by metered-dose inhaler or dry-powder inhaler.
Rescue or Quick-Relief Medications	
Short-acting beta ₂ -agonist, for example, <ul style="list-style-type: none"> • Albuterol • Bitolterol • Levalbuterol • Pirbuterol • Terbutaline 	By metered-dose inhaler, autohaler or breath-activated metered-dose inhaler, dry-powder inhaler, or nebulizer.
Oral corticosteroid, for example, <ul style="list-style-type: none"> • Methylprednisolone • Prednisolone • Prednisone 	By mouth as a tablet or liquid.
Anticholinergic, for example: <ul style="list-style-type: none"> • Ipratropium bromide 	By metered-dose inhaler or nebulizer.

Where can I get more information about children and asthma?

Asthma organizations and pharmaceutical companies are both good sources of information about childhood asthma and asthma medications. For example, try these resources:

- American Academy of Allergy, Asthma, and Immunology
www.aaaai.org
1-800-822-2762
- American Lung Association
www.lungusa.org
1-800-LUNG-USA (1-800-586-4872)
- Asthma and Allergy Foundation of America
www.aafa.org
1-800-7-ASTHMA (1-800-727-8462)
- Asthma and Allergy Network/Mothers of Asthmatics
www.aanma.org
1-800-878-4403
- AstraZeneca
www.astrazeneca.com
1-800-237-8898